Metro North Hospital and Health Service Putting people first

Baby feeding cues (signs)

Early cues – "I'm hungry"



Stirring



Mouth opening



Turning head Seeking/rooting

Mid cues – "I'm really hungry"



Stretching



Increasing physical movement



Hand to mouth

Late cues – "Calm me, then feed me"



Crying



Agitated body movements



Colour turning red



For more information refer to the Queensland Health booklet *Child Health Information: Your guide to the first twelve months* Visit the Queensland Health breastfeeding website: http://www.health.qld.gov.au/breastfeeding/



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