

# Skills Competency



## Teaching formula preparation, supplementation and feeding

Competency 13 & 14 and Step 6 & 9 addresses the dyad not feeding her baby directly at the breast and infant needing fluids other than human milk. The following are the performance indicators that measure the staff competency or ability:

Demonstrate to a mother how to safely cup-feed her infant when needed, showing at least 4 points.	Describe to a mother at least 4 steps to feed an infant a supplement in a safe manner.	Describe at least 2 alternative feeding methods other than feeding bottles.
Engage in a conversation with a mother who requests feeding bottles, teats, pacifiers and soothers without medical indication, including at least 3 points.	Engage in a conversation with a mother who intends to feed her baby formula, noting at least 3 actions to take.	Demonstrate at least 3 important items of safe preparation of infant formula to a mother who needs that information.

Skills displayed	Yes/No	K, S, A	Supervisor's comments
<b>Prepared prior to consultation</b> <ul style="list-style-type: none"> <li>Mother/parent choice of infant formula type and feeding equipment</li> <li>Teaching aids: formula preparation leaflet – non branded (e.g. <a href="#">WHO document</a>)</li> <li>Confirmed prior discussion of risks of infant formula understood by mother/parent</li> </ul>			
<b>Used effective communication skills throughout</b> <ul style="list-style-type: none"> <li>Non-judgemental</li> <li>Open-ended questions</li> </ul>			
<b>Ascertained mother's/parent's prior knowledge, ensuring correct knowledge of</b> <ul style="list-style-type: none"> <li>cleanliness of work space and equipment</li> <li>safe handling of formula</li> <li>amount and temperature of water added to powdered formula</li> <li>proper storage of formula</li> </ul>			
<b>Demonstrated first, then observed mother/parent achieve</b> <ul style="list-style-type: none"> <li>hand hygiene</li> <li>boiling of water to 70</li> <li>measurement of water and powdered formula</li> <li>safe water temperature for addition of powder</li> </ul>			
<b>During preparation, confirmed mother/parent knowledge of</b> <ul style="list-style-type: none"> <li>risks of contamination</li> <li>risks of under- or over-dilution of the formula</li> </ul>			
<b>Used teaching aids effectively</b> <ul style="list-style-type: none"> <li>Mother/parent's able to provide return demonstration</li> <li>Mother/parent's understood essential and important information provided</li> </ul>			
<b>Ascertained mother/parent knowledge of bottle-feeding technique, including</b> <ul style="list-style-type: none"> <li>holding infant during feeding</li> <li>responding to infant cues for both frequency and volume given</li> </ul>			
<b>Completed documentation as appropriate</b> <ul style="list-style-type: none"> <li>Documented all discussed and of parental informed decision making around formula and bottle feeding</li> </ul>			

Knowledge – what to do; Skills – how to apply Knowledge; Attitude – Know when to apply skills within an appropriate ethical framework