

Skills Competency



Skin-to-skin care for all infants and parents

Competency 6 and Step 4 address immediate and uninterrupted skin-to-skin. The following are the performance indicators that measure the staff competency or ability:

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|---|--|--|
| Explain at least 3 reasons why immediate and uninterrupted skin-to-skin is important for the mother. | Explain at least 3 reasons why immediate and uninterrupted skin-to-skin is important for the infant. | Demonstrate at least 3 points of how to routinely implement immediate, uninterrupted and safe skin-to-skin between mother and infant, regardless of method of birth. |
| Demonstrate at least 3 safety aspects to assess when mother and baby are skin-to-skin during the first 2 hours postpartum, regardless of method of birth. | List at least 3 reasons why skin-to-skin should NOT be interrupted. | Explain at least 2 reasons when skin-to-skin could be interrupted for medically justifiable reasons. |

| Skills displayed | Yes/No | K, S, A | Supervisor's comments |
|---|--------|---------|-----------------------|
| Prepared for the consultation <ul style="list-style-type: none"> Can list all topics to be discussed Gathered teaching aids Reviewed mother's/parent's relevant obstetric notes | | | |
| Established rapport <ul style="list-style-type: none"> Introduced self and supervisor Explained reason for communication Asked permission to continue | | | |
| Ascertained mother's/parent's knowledge and feelings about skin-to-skin contact using: <ul style="list-style-type: none"> open questioning reflective listening reflected feelings | | | |
| Built on self-confidence by: <ul style="list-style-type: none"> acceptance of their knowledge and attitudes praising what was right. providing new information using simple language. offering opportunities for questions | | | |
| Confirmed the mother's/parent's understanding using: <ul style="list-style-type: none"> open questions about information given reflective listening and clarified answers provided | | | |
| Ensured mother/parent had sufficient information about skin-to-skin contact <ul style="list-style-type: none"> Covered ALL information on Checklist, sharing evidence-based information accurately | | | |
| Completed documentation as appropriate | | | |

Knowledge – what to do; Skills – how to apply Knowledge; Attitude – Know when to apply skills within an appropriate ethical framework

