

Skills Competency 2



Observing, assessing and assisting breastfeeding

Skills displayed	Yes or No	Supervisor's comments
Prepared for the consultation <ul style="list-style-type: none"> Reviewed mother's breastfeeding notes Prepared teaching aids Confident using Breastfeeding Assessment Tool 		
Described to Supervisor and Mother: <ul style="list-style-type: none"> Principles of positioning Enabling effective latch Normal sucking patterns 		
Used effective communication skills throughout		
General observation <ul style="list-style-type: none"> of mother/infant interactions state of mother appearance of her breasts and nipples state of the infant 		
Naturalistic observation. Noted <ul style="list-style-type: none"> maternal and infant position how infant achieved latch sucking pattern Asked mother how it felt. Highlighted and praised what was right. 		
Identified any necessary changes and discussed these with mother <ul style="list-style-type: none"> using simple language using teaching aids involved mother in the process assisted her if necessary observed improvement through to end of feed 		
Confirmed mother's understanding of positioning, latch and milk transfer		
Completed documentation as appropriate		

