

# Skills Competency 4



## Teaching formula preparation and feeding

Skills displayed	Yes or No	Supervisor's comments
<p><b>Prepared prior to consultation</b></p> <ul style="list-style-type: none"> <li>• Mother's choice of infant formula and feeding equipment</li> <li>• Teaching aids: formula preparation leaflet</li> <li>• Confirmed prior discussion of risks of infant formula understood by mother</li> </ul>		
<p><b>Used effective communication skills throughout</b></p>		
<p><b>Ascertained mother's prior knowledge, ensuring correct knowledge of</b></p> <ul style="list-style-type: none"> <li>• amount of water to powdered formula</li> <li>• cleanliness of work space and equipment</li> </ul>		
<p><b>Demonstrated first, then observed mother achieve</b></p> <ul style="list-style-type: none"> <li>• hand hygiene</li> <li>• boiling of water</li> <li>• measurement of water and powdered formula</li> <li>• safe water temperature for addition of powder</li> </ul>		
<p><b>During preparation, confirmed mother's knowledge of</b></p> <ul style="list-style-type: none"> <li>• risks of contamination</li> <li>• risks of under- or over-dilution of the formula</li> </ul>		
<p><b>Used teaching aids effectively</b></p>		
<p><b>Ascertained mother's knowledge of bottle feeding technique, including</b></p> <ul style="list-style-type: none"> <li>• holding baby during feeding</li> <li>• responding to infant cues for both frequency and volume given</li> </ul>		
<p><b>Completed documentation as appropriate</b></p>		

